Training: All About Preschool Curriculum October 5 and 19, 2019



Evergreen Learning coach, Erlaine Evangelista, conducted a three-hour training on *All About Preschool Curriculum* on two different Saturdays. Participants included preschool teachers/ providers working with children between the ages of 3-5 years old. Since this training is new to all the providers, the facilitator divided her presentations into three parts; introduction on the *All About Preschool Curriculum*, how teachers can utilize the curriculum as part of their daily activities, and application by role playing one of the group activities planned out within the curriculum. This training teaches child care providers how to individualize their approach when interacting with and teaching to the interest of children. Participants were also given the *All About Preschool Curriculum* book set that will help them plan purposeful and age appropriate learning activities for their preschoolers. The book includes themes, activities such as songs and chants, practices and interaction as they teach children on a topic of interest (i.e. theme).

Precautions in Transporting Children

November 2, 2019



These are the participants of the pre-service training, titled *Precautions in Transporting Children*, conducted last November 2, 2019 at the Evergreen Learning office in Chalan Kanoa. Facilitators of this two-hour training are the Evergreen Learning coaches. The aim of this training are as follows: to explore application of health and safety standards in relation to appropriate precautions when transporting children; to explain the rationale for learning about safe transportation of children; to identify hazards in and around vehicles; to identify ways to protect children from risk and injury from those hazards; and how to choose the best safety seat for children. The information presented is beneficial in helping protect the health and safety of the children under their care, especially if the programs transport children to or from school. For in-depth details of the content of this training, our participants were given additional handouts from *Caring for Our Children 3rd Ed. and CNMI Administrative Code* to explore and to gain more knowledge on how to safely transport children.

Health and Safety Training: Building and Physical Premises Safety

November 2, 2019



A two- hour pre-service training on Building and Physical Premises Safety was presented to providers who care for children under the Child Care Development Fund Program (CCDF). The training occurred last November 2, 2019 at Evergreen Learning's facility. Due to the Block Act Grant of 2014, all CCDF providers are required to undergo an orientation and ongoing training that address building and physical premises safety, including identification and protection from hazards that can cause bodily injury as electrical hazards, bodies of water, and vehicular traffic. All children, especially infants and toddlers, are curious about their environment and explore their world using their senses. Due to this behavior, it is especially important to take these precautions to avoid any major incidents occurring while children are in the care of their teachers.

Technical Assistance:

Mandatory Provider Pre-service Orientation

November 7, 2019



On Thursday, November 7, 2019 an orientation was presented to community members who are interested in learning more about the Child Care Development Fund Program (CCDF) and Child Care Licensing Program (CCLP). The orientation was facilitated by the Evergreen Learning staff members for two- hours. The presentation went over the list of requirements for CCDF and CCLP. Participants were also made aware that if they choose to participate in the CCDF program, they will be part of the Quality Rating and Improvement System (QRIS).

Technical Assistance:

On-going Providers CCDF Orientation November 09, 2019



Evergreen Learning coaches conducted a two- hour of technical assistance (TA) on the Mandatory Annual CCDF Provider Orientation last November 16, 2019 at Evergreen Learning Facility in Chalan Kanoa. The focus of this TA is to provide updates regarding the Child Care and Development Fund Program (CCDF) and the Child Care Licensing Program's (CCLP) requirements and standards that providers are required to follow while they are receiving funds from CCDF.

Health and Safety Training: Prevention and Control of Infectious Diseases

November 16, 2019



A pre-service training on Prevention and Control of Infectious Diseases including Immunization was provided to the CNMI child care providers/ staff. This training is a part of a series of training that focuses on health and safety. It aims to provide information to help our providers be aware of how infectious diseases spread and how they can prevent this from happening in a child care setting. Standards from *Caring for Our Children 3rd Ed.* and the *CNMI Administrative Code* were emphasized. These two sources included standards regarding handwashing, cleaning, sanitizing and disinfecting surfaces and materials/toys that children engage with on a daily basis in a child care program setting. At the later part of the discussion, immunization for children and staff and other exemptions were also discussed.

Handling and Storage of Hazardous Materials and the Appropriate Disposal of Biocontaminants

November 16, 2019



This pre-service training on Handling and Storage of Hazardous Materials provides information on health and safety standards in relation to hazardous materials and biological contaminants. The training further discussed how programs can apply the standards, why young children are more vulnerable to the dangers of hazardous materials and biological contaminants, the difference between hazardous materials and biological contaminants, strategies for proper handling and storage of hazardous materials and ways for safe disposal of bio-contaminants. During the two-hour training, Evergreen Learning coaches presented on the frequency of child related poisoning due to hazardous materials. The information warned providers that they should be very cautious when handling hazardous materials in the child care facility to prevent any irreversible side effects or even death.

Workshop:

Conversations versus Quizzing Infant through School- age November 23, 2019



On November 23, 2019 infant, toddler, preschool, and after school teachers attended a workshop on *Conversations versus Quizzing* at the Evergreen Learning facility. This two- hour workshop was headed by Erlaine DLG Evangelista and Russelle Mae Marquez. This workshop gave teachers tips and strategies in their day to day interaction with children, focusing on rich and engaging conversations. Participants were able to differentiate and define open-ended and close ended questions and learn how asking questions can help extend children's learning and ideas. The facilitators also discussed how these questions benefit children and teachers. Teachers also had the chance to modify close-ended questions into open-ended questions. Videos and hands-on activities were presented for the participants to fully learn how to implement asking meaningful, open-ended questions that will benefit children's language, social-emotional, and cognitive development.

Prevention of Shaken Baby Syndrome and Abusive Head Trauma December 14, 2019



A two-hour pre-service training on the Prevention of Shaken Baby Syndrome and Abusive Head Trauma was provided to the CNMI child care providers from different programs. This event was held at the Evergreen Learning facility last December 14, 2019. This training is crucial to all staff who work with children in the early childhood level, especially providers who care for infant children. Shaken Baby Syndrome and Abusive Head trauma are more common in children under age two. Most cases of shaken baby syndrome occur among infants that are six to eight weeks old, the stage where crying is a common behavior in infancy. Participants were reminded not to shake a baby under any circumstance. Strategies and activities were also provided to help providers recognize their own frustration with a crying baby, ways to calm the baby and themselves to avoid intentionally shaking a child.

Prevention of Sudden Unexpected Syndrome and Use of Safe Sleep Practices December 14, 2019



Evergreen Learning coaches facilitated a pre-service training on the Prevention of Sudden Unexpected Death Syndrome (SIDS) and Use of Safe Sleep Practices last December 14, 2019 at Evergreen Learning office. This training is one of the series of health and safety training that is required within the first six months in the program for new providers. For on-going providers, this must be taken annually – especially if they are assigned in the infant program. During the training, the participants identified a safe sleep environment for the children to avoid SIDS from happening when children are under their care. According to American Academy of Pediatrics (AAP), SIDS will less likely happen if the interacting factors can be removed. Environmental factors like loose bedding and tummy sleep position can contribute to SIDS. Now that providers are trained and aware of this information, they can help prevent this devastating incident that could possibly happen in a child care setting.

Health and Safety Training for the Community:

Administering Medication Consistent with Standards for Parental Consent January 25, 2020



A pre-service training on Administering Medication was conducted on January 25, 2020 to child care providers on Saipan. This two-hour training was held at the Evergreen Learning office. The trainings objectives included reviewing the *CNMI Child Care Licensing* regulations and *Caring for Our Children 3rd Edition* standards that relate to safely administering medication in a child care setting, exploring best practices for receiving, storing, and administering medication, and identifying the 5 Rights of administering medication. Activities that relate to administering medication (i.e. orally, through the eye, skin, etc.) in the human body. Another activity involved identifying what procedures should be done before administering medication to the child, based on a scenario that was given.

Health and Safety Training for the Community:

Prevention of and Response to Emergencies due to Food and Allergic Reactions January 25, 2020



On January 25th, 2020, one child care provider along with five participants from Division of Youth Services (DYS) attended a pre-service training on Food and Allergic reactions held at Evergreen Learning facility in Chalan Kanoa. The above-mentioned training was facilitated by the Evergreen Learning team. According to the participants at the training, the information that was given to them was really helpful. They are now aware of what they should do when a child is experiencing an allergic reaction. Activities in the training included reading labels of ingredients, identifying ingredients that are a high risk for triggering an allergic reaction, along with identifying signs or symptoms of an allergic reaction. The training emphasized the importance for providers and parents to be more cautious of what foods are served in a child care setting and what foods are brought from home. Participants were also given additional handouts that will help them plan an immediate action plan to respond to any allergic reaction.

Workshop: Child Art vs. Teacher Art (Toddler to Afterschool) March 14, 2020



Last March 14, 2020, Evergreen Learning coaches conducted a workshop on "Child Art versus Teacher Art" at Evergreen Learning facility in Chalan Kanoa. A total of 30 different child care providers participated in the workshop, which was split into two different sessions (for infant-toddler teachers and for preschool and school age teachers). The objective of this event is to help teachers differentiate between child art (process art) and teacher art (product art), while also learning the benefit of child art for children. We identified strategies on how they can have children create their own artwork that allows for innate creativity, while also providing a variety of art materials during the process. Participants were given the opportunity to re-evaluate and modify their own lesson plans to ensure they were encouraging creativity among their children during their planned activities.

Technical Assistance: Mandatory Annual CCDF Provider Orientation March 14, 2020



A technical assistance (TA) on "Mandatory Annual CCDF Provider Orientation" was provided to ongoing child care providers last March 14, 2020 at Evergreen Learning facility. This two-hour TA discussed updates on the regulations and standards as required by Child Care and Development Fund (CCDF) Program and Child Care Licensing Program (CCLP). All providers who are receiving CCDF funds must participate in this orientation before the expiration of their CCDF and CCLP certificates.

Prevention of Sudden Infant Death Syndrome and the Use of Safe Sleep Practices July 21, 2020



The Infant and toddler teachers from Holy Angel Day Care Center attended a two- hour training on the Prevention of Sudden Infant Death Syndrome (SIDS) and the Use of Safe Sleep Practices this past July 21, 2020 at the Evergreen Learning Facility. Our providers who are working with the infant/ toddler age group, are required to complete this training annually according to the Child Care Development Fund (CCDF) Program Standards. A variety of information was discussed during the training in relation to safe sleep practices and environments. Information included: ensuring sleeping mats for toddlers are water resistant and sheets are washable; all babies under 12 months must be placed wholly on their back (or in a supine position) every nap or sleep time; and supervision must be maintained even if the child(ren) is asleep. To further guide our providers to follow the required standards, they were handed out the Safe Sleep Practices Checklist for their use. An additional information sheet which includes references from *Caring for Our Children 3rd Ed.* (CFOC) and *CNMI Administrative Code* in relation to the topic were also handed out at the end of the presentation.

Prevention of Shaken Baby Syndrome and Abusive Head Trauma July 21, 2020



On July 21, 2020, Evergreen Learning facilitated a training on the Prevention of Shaken Baby Syndrome (SBS) and Abusive Head Trauma (AHT) at Evergreen Learning Facility in Chalan Kanoa. This training is a part of a series of health and safety topics that the Child Care Development Fund (CCDF) Program offers to our child care providers in the CNMI. The two-hour long training discussed the definition of SBS/ AHT, explained symptoms and long-term results of SBS/ AHT, the cause of shaking a baby, and lastly The Period of Purple Crying and why crying is a normal behavior for babies. Participants were given time to make a plan to prevent them from shaking a baby as well as include effective strategies to calm a crying baby. Resources for this training were adopted from *Caring for Our Children 3rd. Ed.* (CFOC3), *Child Care Licensing* (CCLP), Center of Disease Center (CDC), Child Abuse Prevention Center (CAPC), and American Academy of Pediatrics (AAP).

Handling and Storage of Hazardous Materials and Appropriate Disposal of Bio- Contaminants July 24, 2020



Ensuring children's safety while they are being cared for at a child care facility is one of many health and safety requirements of the Child Care and Development Fund (CCDF) Program and Child Care Licensing (CCLP). The providers who attended the scheduled training on July 24, 2020 for a total of two hours on the topic of Handling and Storage of Hazardous Materials and Appropriate Disposal of Bio- Contaminants engaged in a variety of discussion related to the prevention and safe handling of hazardous materials and the safe disposal of bio-contaminants. Evergreen Learning coach, Erlaine Evangelista, facilitated the training at the Kagman Community Center. It is crucial for child care providers to be well- informed of possible hazardous materials that are being used at their facility and how these hazards should be stored to prevent irreversible dangers to the children they serve. An activity of what is considered safe and unsafe for children was also provided to the participants. Through this, providers have an idea of what materials can be used with children safely while maintaining close supervision, such as using art materials.

Technical Assistance: On- going Providers CCDF Orientation July 30, 2020



On July 30 2020, Evergreen Learning conducted a technical assistance (TA) to on-going providers on the Child Care Development Fund (CCDF) Program Orientation held at Evergreen Learning facility. This orientation provided updates and other important information that the provider must know before renewing their CCDF/ CCLP certificate. As of this fiscal year, a major change announced in the orientation is that the Child Care Licensing (CCLP) is now under Child Care Development (CCDF) Program. However, CCLP will still continue their responsibility regarding the renewal process and application.

Prevention of Sudden Infant Death Syndrome and the Use of Safe Sleep Practices August 7, 2020



The Evergreen Learning coaches conducted an ongoing health and safety training on Reducing the Risk of Sudden Infant Death Syndrome (SIDS) and Safe Sleep Practices to child care providers. The training was held at the Evergreen Learning facility last August 7, 2020. This two hour training was focused on appropriate sleeping environments, recommended safe sleep equipment, supervision while infants and or children are sleeping, ratio, policies, and statistics released by the Center of Disease Control (CDC). Emphasis was given on how child care providers can help eliminate the risk factors that contribute to SIDS. The facilitator provided handouts that providers can share with their parents to help them be aware of the safe sleep practices being implemented in their child care facility.

Prevention of Shaken Baby Syndrome and Abusive Head Trauma August 7, 2020



Last August 7, 2020, Erlaine DLG Evangelista facilitated an ongoing health and safety training on Prevention of Shaken Baby Syndrome (SBS) and Abusive Head Trauma (AHT). This training was held at the Evergreen Learning facility in Chalan Kanoa. Participants at that training were the director and assistant director of a day care center on Saipan. At the end of the two hour training, the participants were able to define Shaken Baby Syndrome (SBS)/ Abusive Head Trauma (AHT), identify standards regarding SBS/ AHT, explain why babies are vulnerable to SBS/ AHT, identify the symptoms and results of SBS/ AHT, explain how SBS/ AHT causes brain damage and disabilities, identify crying as the main cause for shaking a baby , explain the Period of Purple Crying and why crying is normal for babies, identify ways to cope with and calm a crying baby, and at the end of the training make a plan for preventing SBS/ AHT.

Handling and Storage of Hazardous Materials and Appropriate Disposal of Bio- Contaminants August 14, 2020



On August 14, 2020, one child care provider registered for the ongoing health and safety training on Handling and Storage of Hazardous Materials and Appropriate Disposal of Bio-Contaminants. This two hour training was facilitated by Evergreen Learning coach, Erlaine DLG Evangelista, at Evergreen Learning office. The facilitator discussed the practices that a child care provider must implement to avoid any life-threatening incidents that might occur in the facility in relation to Hazardous Materials and Bio-Contaminants. Specifically, the facilitator discussed the following: proper storage and disposal of hazardous materials, what are considered safe materials for children and how families can be part of maintaining a safe environment for children while in child care and even at home.

Prevention and Response to Emergencies due to Food and Allergic Reaction August 21, 2020



Evergreen Learning coach, Russelle Mae Marquez, conducted a two- hour training on Prevention and Response to Emergencies due to Food and Allergic Reaction last August 21, 2020 at the Evergreen Learning facility in Chalan Kanoa. Participants were informed of the importance of retrieving children's information from parents upon enrollment especially for children with allergies. This information will help providers know how and what action to take when there is an allergic reaction occurring at the facility. Samples of forms provided during the training can be used or adopted when planning a policy to prevent any allergic reaction while the child is in the child care premises.

Administration of Medication, consistent with Standard for Parental Consent August 21, 2020



A two hour training was conducted by Evergreen Learning coach, Erlaine DLG Evangelista, last August 21, 2020 at the Evergreen Learning facility in Chalan Kanoa. This health and safety training focused on the Administration of Medication, consistent with Standard for Parental Consent. This mandatory training is required for all child care providers who are receiving funds from Child Care and Development Fund (CCDF) Program.

According to the Center of Disease and Control (CDC) more than 60,000 children are admitted to the Emergency Room because of accidental ingestion of medicine when an adult was not looking. This is the reason why child care providers must be well-informed of the proper procedures of storing and administering medication to a child in their facility. During the presentation, our providers were also given a chance to watch a video on how they can safely administer medication to an infant. Providers, then, discussed some new ideas they had learned after watching the video and shared some of their own experiences throughout the training.

Technical Assistance: On- going Providers CCDF Orientation September 30, 2020



Evergreen Learning coaches conducted a technical assistance (TA) for on-going family child care providers. This was held on September 30, 2020 at the Evergreen Learning facility in Chalan Kanoa. This TA provided updates and important information related to Child Care and Development Fund Program (CCDF) and Child Care Licensing Program (CCLP). This is a required TA to help the provider renew their certifications as a CCDF provider.